

For predictable bowel management · User/Healthcare professionals

# Introduction to anal irrigation



# Welcome to Peristeen®

Peristeen<sup>1</sup> is a unique way of emptying the bowel and is used to prevent faecal incontinence and chronic constipation.

Peristeen is an innovative anal irrigation system from Coloplast for people who suffer from faecal incontinence or chronic constipation. Using Peristeen minimizes the likelihood of involuntary bowel leakage.

The system has been specially designed to make it portable and easy to use. This

offers independence and a sense of confidence to the user. In clinical trials with patients with spinal cord injuries, the Peristeen system reduced faecal incontinence and constipation and improved quality of life.<sup>2</sup>



*"There are days when I couldn't even leave the house for hours. But Peristeen made it possible for me to empty my intestine on demand, meaning when I want. You schedule the time and you empty it when you want. So my life has changed."*

Anna, spinal cord injured, Italy



With the right support even young children may be able to perform the anal irrigation procedure unaided.

## How does it work?

Peristeen is a technique for emptying the bowel by introducing lukewarm tap water (36–38°C) into the rectum using a catheter. The user sits on the toilet while the water is pumped into the rectum. The water is then emptied from the bowel, along with the stools, into the toilet. The results are normally so effective that most users only have to perform the procedure every other day.



Single-use rectal catheter allows for easy insertion

## How does a person start?

Individuals must be assessed by a qualified health care professional to ensure this method is appropriate for them. They can then be taught the procedure to ensure the best result. Once people are comfortable with the system, it can give them the confidence to do more with their everyday life.











Easy-to-use control unit for reliability and greater independence

1. Also known as transanal irrigation or rectal irrigation

2. Christensen P et al. A randomized, controlled trial of transanal irrigation versus conservative bowel management in spinal cord injured patients. *Gastroenterology* 2006; 131:738-747

## Ordering information

### Product code

29121		System	1 control unit 2 rectal catheters 1 bag 2 straps
29122		Accessory unit	15 rectal catheters 1 bag
29123*		Rectal catheter	10 rectal catheters
29124*		Strap	1 set of straps
29125		Tube	2 tubes with blue connectors
29126*		System	1 control unit 2 rectal catheters <b>Small</b> 1 bag 2 straps
29127*		Accessory unit	15 rectal catheters <b>Small</b> 1 bag
29128*		Rectal catheter	10 rectal catheters <b>Small</b>

\* Not available in all countries



Ostomy Care  
Urology & Continence Care  
Wound & Skin Care



Coloplast develops products and services that make life easier for people with very personal and private medical conditions. Working closely with the people who use our products, we create solutions that are sensitive to their special needs. We call this intimate healthcare. Our business includes ostomy care, urology and continence care and wound and skin care. We operate globally and employ more than 7,000 people.

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